ليـــوا للتعليم
Liwa Education

مدرســـة لـــيـــوا الـــدولـــيـــة
Liwa International School
الـقـطـارة Al Qattara

2026-2027

Toilet Training Policy
Policy Document

AY 26/27

August 2026

Effective Date: Aug 2026
Review Date: Yearly

A. Rationale

We expect all children in Pre-K and KG students to be fully independent and confident, including self- care when using the toilet before starting school. School days are carefully planned, and we need both our staff and students to be focused on teaching and learning activities throughout the day.

SUMMARY

- Children in Pre-K and KG must wear regular underwear to school, not pull-ups, pampers or nappies.
- They must be able to recognize for themselves when they need to use the toilet and ask clearly to get to the toilet in a timely manner.
- They must be able to pull their clothing and underwear up and down on their own.
- They must be able to clean themselves independently after using the toilet, using toilet paper and/or the hose provided.

INTRODUCTION

We expect all children offered a place at Liwa Education to be fully independent and confident when using the toilet before their child's first day of attendance at school. Parents will be asked about toilet training during their child's play session and after completing the online application. Staff will remind parents to ensure their child is fully trained before their first day of school. To ensure clarity of expectations, it is expected that:

- Children in PRE-K and KG must wear regular underwear to school, not pull-ups, pampers or diapers / nappies.
- Children must be able to independently recognize when they need to use the toilet and ask clearly to get to the toilet in a timely manner.
- Children must be able to pull clothing and underwear up and down on their own.
- Children must be able to clean themselves independently after using the toilet, using toilet paper and/or the hose provided.

OCCASIONAL ACCIDENTS AT SCHOOL

Our staff recognize that young children may have occasional toilet accidents, and this is recognized by the staff in school, but in such a situation the children would be expected to recognize and acknowledge their accident and to have sufficient confidence to seek help from a member of staff. Children will be reminded to use the toilet at regular intervals throughout the day. Children will be supported to clean themselves and change into alternative clothing, and parents will be informed at the end of the day.

This will be monitored and logged to track frequency and to determine if intervention is needed.

HOW WILL CHANGING CHILDREN BE MANAGED?

Adults will assist with the cleaning of the child and support the child to change into new clothes. Spare clothes must be provided by all parents in readiness for such accidents. Wet or dirty items will be placed into a carrier bag, ready to be taken home for washing. Staff will wear latex gloves when changing children. Staff will change the children in sight of another adult where possible. If this is not possible the door to the room where the child will be changed will not be closed.

Exceptions to the policy will be made when children are soiling themselves. We do not have the facilities to change and wash children sufficiently after accidents that leave them and their clothes very dirty. Children will be sent to the nurse, if staff do not feel that they can clean the child appropriately parents will be contacted to collect their child from school.

REGULAR ACCIDENTS AT SCHOOL

When children have toileting accidents, teachers will keep a confidential record of this and inform the parents. If a child has regular accidents (e.g. daily or more than twice weekly) parents will be asked to meet with the Class Teacher, and Head of Department where appropriate, to discuss strategies that can be used at home and school to prevent this ***(please see Top Tips leaflet)***.

NEXT STEPS

If the child still continues to have regular accidents parents will be asked to meet with the Class teacher and Head of Department to determine whether the child is able to use the toilet independently. Research has shown that intensive work on this has the greatest impact when carried out in their own home environment. At this point, teachers and families will work together for a period of two weeks to use the strategies to help the child become more confident and able to use the washrooms. This may be in the form of staggered school timings. The child may begin by coming to school for a shorter time period e.g. 1 hour. Once the child can be in school for this time without accidents the time will be reviewed and extended. The extension of the day will happen gradually until they are back in full time. If little or no progress has been made parents will be asked to keep their child at home for 2 weeks to retrain them as per ADEK guidelines.

ACKNOWLEDGMENT OF TOILET POLICY LETTER

As the Parent / Guardian of the student named below, I acknowledge receipt of the Toilet Policy letter and understand that failure to meet any of the points outlined above will result in students being asked to stay at home for a period of up to two weeks.

Furthermore, I also understand and accept that the decision to carry out staged interventions to any student is at the discretion of the school principal at

- ☐ **Liwa International School Falaj Hazza (LISF)**
- ☐ **Liwa International School For Girls (LISG)**
- ☐ **Liwa International School Al Mushrif (LISM)**
- ☐ **Liwa International School Al Qattara (LISQ)**

Parent / Guardian Name: _____

Date & Signature: _____

Student Name: _____

Student Class: _____

TOP TIPS

When toilet training encourages...

- Positivity! Applaud any and all successes offering positive praise.
- Give it time. Toilet training is different for every child, and be patient.
- Positive Rewards – stickers or treats.
- Consistency. When little ones want to give up, it's easy for you to give in. Keep going!
- Readiness. Have underwear and backup plans with you at all times. There's no telling when an accident will happen, so be ready.
- Independence. Make your child feel like this whole toilet training was THEIR idea. Especially if you have strong-willed children. They are more likely to engaged with the process.
- Demonstrating and model basic toilet hygiene at all times.
- Teaching the children to use the hose/spray regularly as members of staff cannot do this for them.
- Daily reinforcement and encouragement of independently putting on and taking off their own clothes.

Most importantly, once you have started the process, do not put them back in nappies/pull ups. This is confusing for children to process themselves.

Try to avoid...

- Reprimanding when there's been an accident. It can be frustrating, exhausting and can even make you stressed about the whole process - this can affect your child's progress. Accidents can (and will) happen at the park, on the aeroplane, at the mall, in the car, visiting friends. It's OK. BE PREPARED with spare clothes and wipes!
- Disciplining your child for having an accident. If we make a 'big deal' of it, it will become a BIG DEAL.
- Assuming that once they've got the hang of it, they'll never have another accident. Children regress for various reasons.
- Promising lavish prizes. SMALL rewards are good, but you want the biggest reward to be the child's pride for being an 'independent child'.

Policy Owner Department

Education Department

Key Stakeholders		
Policy Owner:	School Principal	LISQ School
Reviewed by:	Margaret Haynes	Director of Schools
	Kevin Wallis	Deputy CEO
Approved by:	Dr. Shereen Gobran	Chief Executive Officer